

thePost

Vol. 84, No. 32

Published for the Fort Dix Community since 1942

August 14, 2009

NEWSNOTES

Hot August Night Wine and Jazz Festival returns

Enjoy a night of wine and smooth jazz at Club Dix Aug. 14 at 5:30 p.m. Performances by Jazz greats Jeff Golub, Eugene Groove, Jeff Lorber and Jessy J. along with a sampling of wines and spirits highlight the evening. The event is open to the public. Tickets are \$24 for ID card holders and \$29 for all others. Anyone attending the wine tasting must be 21 or older. Tickets may be purchased in person at Club Dix and FMWR Headquarters or over the phone by calling 562-6772.

Help is available

In need of crisis intervention and support? Do you, or someone you know, need help? Call Military OneSource at 1-800-342-9647 or the Outreach Center at 1-866-966-1020.

New deadline for newspaper submissions

Deadlines for submitting articles to the Fort Dix Post have changed. The Fort Dix Public Affairs Office is realigning its newspaper deadlines to match those of Joint Base higher headquarters public affairs requirements.

Articles prepared by writers from military and civilian organizations on the post must be submitted by 4:30 p.m. each Monday. For more information, contact David Moore, of the Fort Dix Public Affairs Office, at 562-4035, or e-mail david.f.moore@us.army.mil.

Pre-Retirement/ Separations briefing

The next Retirement/Separations Briefing will be held Aug. 18 - 21, from 8 a.m. - 4:30 p.m. each day. The seminar will take place in the Timmermann Conference Center, located on 8th Street and Pennsylvania Avenue.

This is a mandatory briefing for Soldiers within 120 days of retirement/transition leave. However, it is open to all Soldiers and family members interested in obtaining information on the retirement or separation process.

Reservations are required. Contact the Retirement Services Officer, Fay Marshall-Dease at 562-2666 or fay.marshalldease@us.army.mil to make reservations.

Six Flags to host Military Day

Six Flags Great Adventure is recognizing those who serve the country by holding the Military Appreciation Day on Aug. 15. The discount package includes a one-day admission to Six Flags Great Adventure and Wild Safari and all-you-can-eat buffet for \$29.50 per person.

To purchase tickets, mail checks to Liberty USO, Terminal A-East, Philadelphia Airport, Philadelphia, PA 19153. Call (215) 365-8010 for more information.

Weather

FRIDAY -- Partly cloudy with isolated thunderstorms. High temperature of 83, with a low of 64.

SATURDAY -- Chance of thunderstorms. Daytime high 85. Overnight low of 66.

SUNDAY -- Isolated thunderstorms. High 85. Low 67

MONDAY -- More isolated thunderstorms. Daytime high 86, with a low of 66.

TUESDAY -- Partly cloudy. High temperature of 88, with a low of 67.

WEDNESDAY -- Humid. Chance of thunderstorms. High 86, low 65.

Troops get awaited welcome home



Dave Moore

TIE A YELLOW RIBBON -- Soldiers of Fort Dix's Warrior Transition Unit each receive a Yellow Ribbon from volunteers of the Yellow Ribbon Club of Evesham Township as part of the ceremony to welcome them home on Aug. 6 at Mount Holly's American Emergency Squad.

David Moore
Editor

For nearly 60 Soldiers who missed their official homecoming because of injuries sustained in Iraq and Afghanistan, Burlington County volunteers surprised them with a welcome home ceremony Aug. 6 in Mount Holly to ensure their service to country was not forgotten.

Soldiers of the Fort Dix Warrior Transition Unit (WTU) were not told of the events, rather, they were ordered to a 6 p.m. formation. When they showed up for their accountability check, more than 100 motorcyclists, and several Burlington County fire trucks and ambulances, were at their billets waiting to take them to American Emergency Squad station, in Mount Holly for the ceremony.

"This is very heart warming. It really lets you know people still care," Spc. John Powers, of the Maryland Army National Guard's 175th Infantry and a Baltimore resident, said at the first aid station.

Planning for the affair, led by representatives of Burlington County's Support for Our Troops and the American Legion Post 11 started a few weeks ago.

(continued on page 4)

Better benefits provided by new GI Bill

Jennifer McCarthy
Public Affairs Staff

Summer may be in full swing, but in a few short weeks it will be time to trade the beach bag for the book bag and head back to school.

But kids aren't the only ones returning to class.

On Aug. 1, veterans started taking advantage of some of the biggest changes in military education benefits since World War II when the Post 9/11 GI Bill went into effect.

Individuals who served at least 90 days of active duty service on or after September 11, 2001, or veterans discharged with a service-connected disability after 30 days, are entitled to the Post 9/11 Veteran's Education Assistance Act of 2008, more commonly

known as the Post 9/11 GI Bill. The program provides up front tuition payments directly to an accredited school, a monthly living allowance and a book stipend. Under this program, benefits may be used for undergraduate, graduate degrees and vocational/technical training. Additionally, tutorial assistance, and licensing and certification test reimbursement are also approved under the Post 9/11 GI Bill. Individuals eligible for chapter 30, 1606 or 1607, may be eligible to pursue funding for on-the-job training, apprenticeship, correspondence, flight and preparatory courses under the program.

The new program will pay the most expensive in-state undergraduate tuition and fees at a public institution of higher learning in the veteran's state. For instance an individual wishing to attend New Jersey schools will receive a maximum of \$437.50 per credit hour, while someone attending a Delaware school will receive \$356 a credit.

But the Post-9/11 GI Bill can still be used to attend any approved schools, including private institutions and graduate schools. In cases where the benefit level does not cover the cost of established charges, the Department of Veterans Affairs (VA) and the educational institution may enter into an agreement to cover the unmet expenses under the Yellow Ribbon Program.

The Yellow Ribbon GI Education Enhancement Program or Yellow Ribbon Program is a provision of the Post 9/11 GI Bill that allows degree-granting institutions of higher learning to voluntarily enter into an agreement with VA to fund tuition expenses that exceed the highest public in-state undergraduate tuition rate. The institution can contribute up to 50 percent of those expenses and VA will match the same amount as the institution.

For example, a student is enrolled in 12 credit hours during the Fall term and the institution charged the student

\$5,000 for tuition and \$1,200 in fees. The maximum charge per credit hour for the state is \$250 and the maximum fees for a single term are \$1,000, for a total of \$6,200. The student can use the Post 9/11 GI Bill to pay \$3,000 of the \$5,000 tuition and \$1,000 of the fees. The remaining \$2,200 of the balance could be paid for using the Yellow Ribbon Program.

The institution could contribute up to \$1,100 of this amount and the VA will match that contribution.

The Yellow Ribbon Program is only available to individuals who are entitled to the full 100 percent Post 9/11 GI Bill benefits and is not available to active duty personnel.

For the first time in history, the Post 9/11 GI Bill benefits are also transferable. Servicemembers may transfer all or part of the benefit to a spouse or family member.

More information about Post 9/11 GI Bill eligibility and transferability, the Yellow Ribbon Program and other educational benefits offered to veterans may be found at www.gibil.va.gov.

Patience key ingredient needed to beat Taliban

Jim Garamone
American Forces Press Service

WASHINGTON, Aug. 11, 2009 -- The Taliban will not win the war in Afghanistan, the commander of NATO and U.S. forces there said in Kabul today.

"We will win. The Taliban won't win," Army Gen. Stanley A. McChrystal said during an interview on National Public Radio's "Morning Edition."

Still, he acknowledged, the struggle against the Taliban and their al-Qaida allies will be long and hard, with good and bad days, good and bad months, and the tragedy of civilian and coalition casualties.

The International Security Assistance Force is facing an aggressive enemy, NATO officials in Kabul said. The Taliban are employing complex tactics, and are gaining momentum in some parts of Afghanistan. "However, in those areas and others, insurgents face their own problems in terms of public support, cohesiveness and their ability to sustain their morale and fighting capacity," said Air Force Lt. Col. Tadd Sholtis, an ISAF spokesman.

The insurgents have achieved some momentum in recent years in southern and eastern Afghanistan. But recent ISAF operations in Helmand province have reversed some of these gains, officials said. Northern and western Afghanistan and the area around the capital of Kabul are relatively stable, he added.

"The fact that we've witnessed recent attacks in those areas underscores the fact that we cannot adopt a static approach to counterinsurgency operations against an adaptive enemy," Sholtis said. "We need to partner with the Afghan government to reinforce success in the areas we hold in order to build lasting foundations for stability.

But we also need to be able to help the developing Afghan national security forces establish control of contested areas."

Patience is needed, as the effort in Afghanistan will take years, and one key to it is growing the Afghan security forces, McChrystal said. "This is a job that takes not only resolve, it takes patience and courage -- it takes military and political courage to do this," he said.

The effort in Afghanistan will not be won by military force alone, and certainly won't be over by taking an enemy capital, the general noted. "You are actually fighting to convince people to support their government," he explained.

Afghan forces are key to the effort. Commanders in Regional Command South, an area of intense effort against the Taliban, want more Afghan soldiers. American, British and Danish forces are fighting alongside Afghan soldiers and believe they are doing well, McChrystal said.

The general also told NPR that he will delay the strategic assessment he's conducting for Defense Secretary Robert M. Gates until after Afghanistan's Aug. 20 national election. "I asked to delay that so that I'd be informed of what happened in the elections, because I thought it was such a data point," he said. "My overall read of the situation here would be much better if I could have that in the rear view mirror to look at."

McChrystal also said he will look at areas where insurgents are setting up, or attempting to set up, shadow governments. Other "data points" include levels of violence, the growth of Afghan security forces, support for governance, the number of children in school, commerce and so on. "It's extraordinarily complex to try to put together a clear picture," the general said.



Jennifer McCarthy

Celebrating the 60s

Atalia Romano, 4, shows off her butterfly face painting Aug. 8 at the 60s Flashback Family Day held on Doughboy field. See more on page 5.

DoD developing new cultural training for civilians, military

Gerry Gilmore
AFPS

Defense Department officials are developing a new training program that will teach military members and civilians how to be culturally competent and aware when interacting with people from different lands, a senior official told reporters here today.

Cross-cultural competence is "something that we want to bring to the department as a critical piece of training that we think needs to be incorporated into our overall training establishment," Gail H. McGinn, deputy undersecretary of defense for plans, said during an interview with Pentagon Channel and American Forces Press Service reporters.

Among her many responsibilities, which include performing the duties of the undersecretary of defense for personnel and readiness, McGinn also is the senior language authority for the Office of the Secretary of Defense. She is responsible for improving foreign language capability within the department and also oversees policy

development for the diversity and equal opportunity programs.

Since U.S. military forces conduct missions worldwide, McGinn said, they should "understand the cultural nuances of areas into which they are going to be deployed."

And as the U.S. population becomes increasingly diverse, it's also useful for military members to be culturally aware so they can better understand comrades in the ranks from different cultural backgrounds, she added.

Cross-cultural competence training "is basically equipping people with the skills to understand what culture is, how people use culture, how they interact with each other within their culture," McGinn explained. "So that wherever they are — deployed in the world or with host populations or with our allies — that we understand that people operate differently based upon the cultural background they come from."

Military and civilian personnel who've been cross-culturally trained should be more effective in different cultural environments, McGinn pointed out. And that,

she said, contributes toward mission success.

Though U.S. military forces today normally receive pre-deployment training, McGinn said, servicemembers may be deployed on short notice or can be quickly sent to perform humanitarian missions in foreign countries.

"So, what cross-cultural competence (training) tries to do," she said, "is provide foundational skills, to say 'Let's understand what a culture is. Let's understand what it means to people that grow up in a certain area in terms of how they interact, how they engage with the world, how they engage with you.'"

Cross-cultural competence training also involves lessons on specific cultures, McGinn said.

The department sponsored a symposium, "The Role of Cross-Cultural Competence in Organizational and Mission Success," June 30 and July 1 at the Defense Equal Opportunity Management Institute at Patrick Air Force Base, Fla., McGinn said. Participants discussed the best way to integrate cross-cultural competence curriculum into the existing training and education system.

The institute also serves as the coordinating agency for the Defense Language Office to ensure synchronicity among all services with respect to cross-cultural training.

Learning another language can become a window into the culture of a foreign people, Navy Adm. Mike Mullen, chairman of the Joint Chiefs of Staff, said during his Aug. 10 visit to the Defense Language Institute in Monterey, Calif. And as U.S. servicemembers continue to conduct missions in Afghanistan and Iraq, the institute's language courses "are as important as any undertaking that we have in the United States military right now," he added.

"It is really important that we listen to other people, that we listen to other cultures, that we pay attention to how they see their problems," Mullen said. "I call that seeing it through their eyes — putting yourself in a position that actually focuses on what they are thinking about, as opposed to how we think of them, or how we think about, in our Western ways, we might solve their problems."

West Point ranked nation's top college

WEST POINT, N.Y. (August 7, 2009) - A report released August 5 by *Forbes* magazine ranked the U.S. Military Academy as the top college in the country in their America's Best College review.

"Marked by an intense work ethic and drive to succeed on all fronts, the West Point undergraduate experience also allows graduates to leave without a penny of tuition loans to repay," *Forbes* stated in its release.

In the *Forbes* rating, West Point outpaced other highly-ranked schools such as Princeton (#2), Cal Tech (#3), Harvard (#5) and the U.S. Air Force Academy (#7).

"All of us at West Point are very proud that *Forbes* has rated us as the number-one school in the nation," said Brig. Gen. Patrick Finnegan, dean of the Academic Board at West Point.

"This ranking recognizes the exceptionally high quality of a West Point education. It is always exciting to be validated by independent organizations."

The Center for College Affordability and Productivity staff gathered data from a variety of sources, basing 25 percent of the rankings on seven million student evaluations of courses and instructors, as recorded on the Web site Rate-MyProfessors.com.

Another 25 percent of the ranking depended upon how many of the school's alumni, adjusted for enrollment, were listed among the most notable people in *Who's Who in Amer-*

ica. The other half of the ranking were based equally on three factors:

- average amount of student debt at graduation held by



those who borrowed

- percentage of students graduating in four years
- number of students of faculty, adjusted for enrollment, who have won nationally competitive awards like Rhodes Scholarships or Nobel Prizes.

West Point was founded in 1802 as America's first college of engineering. Its mission remains constant: to educate, train, and inspire cadets so that each graduate is a commissioned leader of character committed to the values of duty, honor, country and prepared for a career of service to the nation as an officer in the U.S. Army.

To see the complete college rankings go to www.forbes.com.

—ARNEWS

WLC offered in Kuwait for first time

Spc. Alicia Torbush
ARNEWS

CAMP ARIFJAN, Kuwait -- "The Warrior Leader Course lays down the foundation for leadership, tactical leadership and garrison leadership; how to fill out evaluation reports and refreshes basic Soldier skills," said Sgt. 1st Class Jason Kushner, first sergeant, Third Army/U.S. Army Central Noncommissioned Officer Academy.

Third Army/USARCENT planned and sponsored the first-ever, in-theater WLC at Camp Buehring, Kuwait, July 19 through Aug. 3.

In order to reduce the amount of time that Soldiers spend away from their families, and because of the quick operation tempo, there were almost 500 Soldiers in Kuwait, who needed to attend WLC, so a plan for conducting the course in theater was made.

"USARCENT recognized a need to train these Soldiers in theater instead of missing any more time with their families," said Sgt. Maj. Bobby King, deputy commandant, Third Army/USARCENT NCO Academy.

The training consists of 10 days of classroom training followed by five days of hands-on training in the field. Days one through 10, the students learn basic development training, NCO evaluation reports, counseling as

well as a review of basic Soldier skills such as map reading and land navigation. Military Operations on Urban Terrain, site exploration and improvised explosive device training.

"These Soldiers are getting the best training out there because it is directly derived from actual events in Iraq," said Kushner.

Command Sgt. Maj. Marvin L. Hill, U.S. Central Command, visited the students during the first days of the course. He had lunch with a few of the Soldiers, answered their questions and visited students in the classrooms.

Instructors were pulled from NCO training academies all over the world to come to Kuwait for this WLC.

"We've got really good instructors; this is by far one of the best courses I've been to," said Sgt. Michael Harris, alternate communications security custodian, Third Army/USAR-



U.S. Army photo

COVER FIRE -- Spc. David K. Kamaka, student, Third Army/U.S. Army Central Noncommissioned Officer Academy, takes cover to provide cover fire for the advancing fire team during a squad movement exercise for the inaugural Warrior Leader Course at Camp Buehring, Kuwait, July 27.

CENT.

There are three more courses planned for the next 90 days so that other Soldiers have the opportunity to receive leadership training in theater.

"I think this is something they should make permanent out here," said Harris. "I've been in the Army for a while and I'm here

at Camp Buehring for WLC because I've been deployed so many times that I haven't had a chance to go."

To honor the students who successfully completed the course, the inaugural, in-theater WLC held a graduation ceremony at the Zone 1 Chapel on Camp Arifjan, Kuwait, Aug. 3.

Radio station gives voice to remote Afghan province

Sgt. Matthew C. Moeller
ARNEWS

NURISTAN PROVINCE, Afghanistan -- When Shaib Dad Hamdard was growing up in Afghanistan's Nuristan province he dreamed of being a voice to his people.

Now, with the turn of a dial, and the flick of the switch, he's on air at Kalagush Radio, reaching out across the remote mountain province.

Today's topic: the need for women's equality.

"With this I can educate my people," the 24-year-old station manager said, motioning to the microphone. "I can provide a voice to them."

Broadcasting into areas so isolated, that many residents may only travel as far as the neighboring village in their lifetimes, Kalagush Radio is "a live existence of the [outside] world," said Hamdard.

For 12-hours a day the radio station offers news and entertainment programs catered to the remote mountain people.

Although the news stories are not always positive, they are always honest. Offering a bal-

anced look at issues affecting area residents, and following the station's "don't take any sides" philosophy.

But the news is only one part of the station's programming. Dis offered a variety of music, history, education, religious and social commentary shows as well. According to Hamdard, one of the Kalagush Radio's most popular shows is a daily music program that allows listeners to phone in with requests. Thousands attempt to call the hour-long show every day, but only a few hundred get through.

"We think of the needs of the local people, and what they want," said Hamdard, remarking on the station's success.

Although funded by International Security Assistance Forces, the people of Kalagush Radio insist they decide what is put on the air.

"Of course it is funded by the coalition forces, but I have total control over the programs, the programs are not limited to any specific groups," said Hamdard.

Now with the success of the radio station, ISAF forces are working with Kalagush Radio to expand their broadcast to 24-hours a day.

Pig roast highlights Legion's Saturday bash

The Pemberton American Legion Post 294 Annual Pig Roast kicks off tomorrow, August 15, in the post's picnic grounds.

It's an auspicious occasion for Team Dix, too, as Post 294 is donating 50 tickets (at \$20 per shot) to active duty Soldiers at Fort Dix with 30 slated to go the Wounded Warrior program and the remainder to Soldiers supporting ongoing mobilization and demobilization operations.

Post 294 has a long history of supporting Fort Dix enterprises, including sponsoring units like the 404th Civil Affairs during their time on Dix and backing up Wounded Warriors with free tickets to fishing trips, Veterans Day celebrations, and other celebrations.

Furthermore, many Legionnaires, such as Veterans Administration Dr. Jack Sweeney, have been deployed to Afghanistan, Iraq or both in service to their country.

And many Dixans belong to the 294th, including Directorate of Contracting's Annemarie Walsh, Sandy Horner, Karin Koos, and Pete Marci, golf course czarina Kim Torrone, and The Logistics company contractor Brian Bracken, a former Marine and Post 294's sergeant-at-arms.

Catch the pig roast. You'll be in good company.

—PAO Staff



Pete Marci

PIGGING OUT -- Otto Peterson, right, aids another volunteer in roasting a pig to perfection at last year's annual pig roast sponsored by the Pemberton American Legion Post 294 at their headquarters on 39 Fort Dix Road. Known by some as the "Pig Man," Peterson is a legion member who's also active in the Air National Guard at McGuire AFB. His family has raised hogs for years and Otto supervised the pig roasting for three years running. This year's autumnal feast (organized in no small measure by DOC's Annemarie Walsh), runs from 1 to 5 p.m. tomorrow, August 15, at Post 294's picnic grove and features roast pork, hotdogs, sausage and peppers, hamburgers, chicken, corn on the cob, assorted salads with draft beer and sodas to wash the feast down. It's an ideal time to foster fellowship and if that gets too heavy there's always live entertainment by the Star Thyme band starting at 1 p.m. Adults pay \$20 for entrance, seniors \$18 and kids from 8-12 only \$8. Children under 8 are admitted for a minimal \$2. Tickets can be bought at the gate or by calling (609) 894-2203.

the Post

This newspaper is an authorized publication for members of the military. Contents of The Post are not necessarily official views of, or endorsed by, U.S. Government, Department of Defense, Department of the Army, or Fort Dix. It is published weekly by the Public Affairs Office, Fort Dix, AFRC-FA-PACI, Fort Dix, N.J. 08640-5075, (609) 562-5037. Circulation: 9,400.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other non-merit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source until the violation is corrected.

All editorial content of the Post is prepared, edited, provided, and approved by the Public Affairs Office of Fort Dix. The Post is printed by The Burlington County Times, Inc., a private firm in no way connected with DA, under exclusive written contract with Fort Dix. The printer is responsible for commercial advertising.

The appearance in this publication, including inserts or supplements, does not constitute endorsement by the Department of the Army, or the Burlington County Times, Inc., of the products or services advertised. Queries on news content will be answered by the Fort Dix Public Affairs Office. For advertising call (609) 871-8087. Visit Fort Dix on the Internet at <http://www.dix.army.mil>

Post Commander Col. Patrick Slowsky

Public Affairs Officer/ Managing Editor David Moore
PAO Automation/Admin Beverly Wakefield
PAO Media Relations Pascual J. Flores
PAO Community Relations Gerry Zanzalari

Editor Steve Snyder
Photojournalist Jennifer McCarthy
Photojournalist Lisa Evans
Photojournalist, TLC Wayne Cook
Photojournalist, TLC Ed Mingin
Photojournalist, TLC Ryan Morton

We guarantee delivery of your Fort Dix Post

The delivery of your Fort Dix Post newspaper is handled by the Burlington County Times. If for some reason you are not satisfied with the service of your newspaper delivery please call us direct, 871-8000.



Spc. Kevin Harrison

ACTION — Bob Tighe, Videographer, Army Research, Development and Engineering Command, Picatinny Arsenal, films Sgt. Gary Dolphin, 1st-309th Regiment, 5. The video will be designed to raise awareness of the safely preparing pyrotechnic simulators for employment and detonation for a pyrotechnic safety video update filming at an urban warfare training lane, Aug. 5. The video will be designed to raise awareness of the importance of safely handling these explosive devices.

FORSCOM uses post as stage for Army pyrotechnics video

Spc. Kevin Harrison
99th RSC

In an attempt to raise awareness and reduce injuries Army-wide, the U.S. Army Research, Development and Engineering Command (ARDEC) located at Picatinny Arsenal, N.J., sent a film crew to Fort Dix, Aug. 5.

Resulting from the degree of severity caused by pyrotechnic injuries, U.S. Forces Command (FORSCOM) Safety Office called for an update of its pyrotechnics implementation safety video.

Human error is the leading cause of pyrotechnics accidents in the U.S. Army each year; more than 60 percent of the accidents occur during training, according to the Department of the Army Explosives Safety Council.

Members of the 72nd Field Artillery Brigade, First Army Division East training support at Fort Dix, were tasked with

demonstrating the safe employment pyrotechnics simulators.

Capt. Adam Seibel, 1st Training Support Battalion, 309th Regiment, said although these pyrotechnic simulators are mainly used for training, it is important for Soldiers not to get complacent with their usage.

"(The simulator) is actually powerful enough to do real damage and I think a lot of Soldiers don't realize that," said Seibel.

The objective of the video is to emphasize proper usage of the M115 and the M116 pyrotechnic simulators to minimize accidents and injuries, according to Melissa Klockner, Integrated Logistics Support Manager for the safety video team.

"We're hoping that it (the video) is going to be a little more realistic so that Soldiers will understand that pyrotechnic simulators are not toys, no horseplay is authorized in using them, and they need to treat them like any other explosive item," said

Klockner.

This update to the video is designed to be more interactive than the original.

By using a blend of graphics, animation and live demonstration, the aim is to better keep the viewer involved, said Project Engineer and Production Team Leader, Thomas Carney. The goal is to keep everyone's attention throughout the entire video so that all of the information is absorbed, said Carney.

One simulated scenario uses a replica human forearm to illustrate the consequences of improper use. An M115 was attached to the limb, simulating a Soldier handling the device, and then detonated at a safe distance. Klockner said the result would give the viewer a good idea of the damage caused by pyrotechnic misuse.

Both the Soldiers and video team members took great care ensuring proper safety procedures were in place and protective gear

was utilized throughout the production. Carney emphasized the importance.

"We want to make sure when we send this video out that anyone using these things is in all the proper gear. Hopefully, we'll illustrate if you do it this way, the chance of anyone getting injured is a lot less," said Carney.

Staff Sgt. Michael Wellhoff, 1st Training Support Battalion, 309th Regiment, said he feels the production of the video will be a good eye-opener for Soldiers using the simulators.

"I think this video will make Soldiers aware that the use of pyrotechnics is very serious and that making a mistake with it could really hurt," said Wellhoff.

Klockner said she hopes the updated safety video will aid awareness with an emphasis on realism, interaction and protecting Soldiers from personal injury. Video completion and Army-wide distribution is scheduled for the end of fiscal year 2009.

Army developing new resiliency training

Jessica Reed &
Stephanie Love
ARNEWS

WASHINGTON -- The Army has been working with the University of Pennsylvania to develop master resiliency training that will soon be taught to Soldiers, family members and Army civilians.

The resiliency training is part of Comprehensive Soldier Fitness, which focuses on the five dimensions of strength: emotional, social, spiritual, family and physical.

"As people develop their holistic fitness strength, they develop psychological resilience to not only bounce back, but to thrive under challenging conditions," said Brig. Gen. Rhonda Cornum, CSF director.

"We've been working for about the last year on Comprehensive Soldier Fitness," said Gen. George W. Casey Jr., chief of staff of the Army. "It's designed to bring mental fitness up

to the same level that we give to physical fitness. In this era of persistent conflict, we've found that the vast majority of Soldiers deploying have a positive growth experience because they're exposed to something very difficult and they succeed. Our goal through Comprehensive Soldier Fitness is to ensure all Soldiers have the skills to grow and succeed."

Master resiliency training is being adapted from the Positive Psychology Program at the University of Pennsylvania in Philadelphia. UPenn instructs teachers (middle and high school) on how to impart resiliency skills to their students during the school year. More than a dozen scientific studies have shown positive results in students whose teachers have been trained in this program - including better grades, less dropouts and less behavioral issues.

Potential master resiliency trainers participated in an informational session in May. At this session 32 Soldiers and Army civilians received the civilian version of the UPenn course. In June and July a smaller focus group attended the course in an effort to tailor the current curriculum for Army use.

"The training is informative and motivational," said Dana Whitis, an Army employee who attended the five-day course.

"Resiliency training encourages a person to take a mental note of their past behavior and present situation and promotes alternative ways to view the occurrence," explained Whitis, who works for the Family, Morale Welfare and Recreation Command. She went on to say that resiliency training will eventually be offered to Army family members.

"It will augment existing Army family program structure and programs," Whitis said. Command Sgt. Maj. Teresa King, who is stationed at Fort Jackson, S.C., said the training has equipped her to be more resolute in bouncing back from adversities and instead of using a negative or

pessimistic approach, I now view what I decide are negative situations as an opportunity for growth, through positive thinking."

The Army is now incorporating practices learned from the UPenn program as the building of MRT continues. MRT will operate as a "train-the-trainer" program, and aims to turn participants into fitness experts able to train others and strengthen the force as a whole. MRT will eventually be taught during basic combat training, at officer schools, and throughout all levels of the Army, Cornum said.

In the first five days of the MRT course, students learn the basic tenants of resiliency training. The remaining days focus on how to teach the material.

Sgt. Maj. James Whitfield, who attended the five-day seminar at UPenn, said the "train-the-trainer" program covers subjects such as avoiding thinking traps, building resiliency and surveying individuals' strong points and "not-so-strong points."

Police Log

Police Log is a weekly synopsis of significant police activities developed from reports, complaints, incidents or information received and actions taken, for the week of 3-9 Aug.

The abbreviation DoD stands for Department of Defense; NAFD means Not Affiliated with Fort Dix (the subject doesn't live or work here); NCIC stands for National Crime Information Center; DWI means Driving While Intoxicated; CDS means Controlled Drug Substance; POV means Privately Owned Vehicle; MAFB stands for McGuire Air Force Base; USAF EC stands for US Air Force Expeditionary Center; AHCC stands for Ambulatory Health Care Clinic (MAFB); VMHBC stands for Virtual Memorial Hospital of Burlington County; CP# stands for Check-point Number.

●Police and Fire Department personnel responded to a fire alarm at Building 5603. Investigation revealed no cause for the alarm.

●Police responded to a traffic accident at Range 85. Investigation revealed a government vehicle, operated by a Soldier assigned to Fort Dix, struck another vehicle while backing up. There were no reported injuries and the vehicles were released to the operators at the scene.

●During a routine traffic stop on Texas Ave, police discovered the vehicle operator, an Airman assigned to McGuire AFB, had a suspended driver's license and a warrant out of Mansfield. The subject was transported to the police station for processing. Mansfield was contacted and issued a new court date. The vehicle was towed from the scene.

●Police responded to a traffic accident in the parking lot near Building 5606. Investigation revealed a vehicle, operated by a Soldier NAFD, struck another vehicle. There were no reported injuries and the vehicles were released to the operators at the scene.

●Police and Fire Department personnel responded to a fire alarm at Building 5517. Investigation revealed the alarm was caused by high temperature inside the building.

●Police responded to a traffic accident at Range 3. Investigation revealed a tactical vehicle, operated by a Soldier NAFD, struck a utility pole. There were no reported injuries and the vehicle was released to the operator at the scene.

●Police responded to a report of criminal mischief near Building 5510. Investigation revealed person(s) unknown had slashed a tire on a vehicle owned by a Soldier assigned to Fort Dix. Investigation continues.

●While conducting a routine credential check of a vehicle attempting to enter the installation via the Browns Mills Gate, the vehicle operator, a civilian NAFD, accused officers of stealing her ID card and began yelling in an aggressive manner. The subject refused several requests to provide her driver's license and was uncooperative in providing sponsor information. The subject was cited for disorderly conduct and escorted off post.

●Police and Fire Department personnel responded to a fire alarm at Building 5611. Investigation revealed the alarm had been caused by a pulled alarm box.

●Police responded to a traffic accident near Building 3109. Investigation revealed that a Fort Dix contract employee was unloading a cone box from a truck when the cone struck a parked and unattended vehicle. There were no reported injuries and the vehicle was released to the operator at the scene.

●Police responded to a traffic accident near the main Shopette. Investigation revealed a vehicle, operated by an Airman assigned to McGuire AFB, struck another vehicle while backing from a parking space. There were no reported injuries and the vehicles were released to the operators at the scene.

●Police and Fire Department personnel responded to a fire alarm at Building 5632. Investigation revealed the alarm was malfunctioning.

●Police and Fire Department personnel responded to a fire alarm at Building 5434. Investigation revealed the alarm was a trouble alarm. A work order was placed.

●While conducting a routine credential check of a vehicle attempting to enter the installation via CP 9, police discovered the vehicle operator, a civilian NAFD, had an outstanding warrant out of Brevard County, Fla. The subject was transported to the police station for processing. Brevard County law enforcement officials were contacted and denied extradition. The subject was then escorted off post.

●Police responded to a report of larceny of private property at Building 5645. Investigation revealed person(s) unknown had taken property belonging to a Fort Dix civilian employee. Investigation continues.

●While processing a visitor at the Visitor Center, police discovered the subject, a civilian NAFD, had an outstanding warrant out of Bucks County, Pa. The subject was transported to the police station for processing and transferred to the custody of the Burlington County Jail.

●While conducting a routine credential check of a vehicle attempting to enter the installation via the Main Gate, police discovered the vehicle, operated by a civilian NAFD, had suspended registration. The subject was cited and the vehicle towed from the scene.

●Police and Fire Department personnel responded to a fire alarm at Building 5434. Investigation revealed no cause for the alarm.

●While processing a visitor at the Visitor Center, police discovered the subject, a civilian NAFD, had a suspended driver's license. Further investigation revealed the vehicle's registration was also expired. The subject was cited and the vehicle towed from the scene.

●While conducting a routine credential check of a vehicle attempting to enter the installation via the Main Gate, police discovered the vehicle, operated by an Airman assigned to McGuire AFB, had suspended registration. The subject was cited and the vehicle towed from the scene.

●During a routine credential check of a vehicle attempting to enter the installation via the Wrightstown Gate, police discovered the vehicle, operated by a soldier NAFD, had a suspended registration. The subject was cited and the vehicle towed from the scene.

●Police responded to a traffic accident in the Garden Terrace housing area. Investigation revealed a vehicle, operated by an unknown person, struck another vehicle while backing and then left the scene. Investigation continues.

●During a routine credential check of a vehicle attempting to enter the installation via the Wrightstown Gate, police discovered the vehicle operator, a civilian NAFD, had two outstanding warrants out of Lumberton and Westhampton. The subject was transported to the police station for processing. Both departments were contacted and issued new court dates.

●Police and Fire Department personnel responded to a fire alarm at Building 5518. Investigation revealed the alarm was possibly caused by steam.

●There were three expired identification cards confiscated during the period.

●There were 26 Magistrate Court Citations issued for violations. DWI incidents remain at nine for the year.

The National Highway Traffic Safety Administration estimates that helmets saved 1,784 motorcyclists' lives in 2007, and that 800 more could have been saved if all motorcyclists had worn helmets.



Sgt. Debra Smith,

TRAINING -- New York Army National Guard Brig. Gen. Michael Swiecz, 53rd Troop Command commanding general, gathers the troops of the 206th Military Police Co., after observing the Mine-Resistant Armored Personnel vehicle (MRAP) familiarization training, Aug. 7 at the Timmerman Center. The 206th MPs are scheduled to deploy in support of ongoing contingency operations in Afghanistan. More than 30 percent of the unit works in the law enforcement field on the civilian side. They were joined by high ranking officers of the New York State Troopers as well as other 53rd Troop Command Soldiers.

Troops get long awaited welcome home

(continued from page 1)
But as time went by several other organizations joined the team. There were motorcyclists from the Mount Holly Police Department, Warrior Watch, Patriot Guards, Nam Knights of America, American Legion Riders, Veterans of Foreign Wars, and Camden County HOGs, and the fire truck escorts came from Mount Holly, Lumberton and Hainesport.

When the Soldiers arrived at the first aid facility, residents from the area were waving American flags and wanting to shake the Soldiers hands and thank them for their sacrifices as they entered the station.

Members of the Yellow Ribbon Club who had decorated the streets and stations presented every Soldier with a large yellow ribbon.

Leslie Drummond, founder of the Evesham Township-based club, said she had prepared a speech. Instead, she said with tears, "We live in the best country because of you."

U.S. Rep. John Adler, D-3rd of Cherry Hill, attended the event and presented the Soldiers with certificates of special congressional recognition for honorable military service. Leaders and auxiliary members of Legion Post 11, Mount Holly-based Veterans of Foreign Wars Post 2692, and other organizations also presented the soldiers with similar certificates and tokens of appreciation.

Robert Crymes, commander of the WTU, described the mission as the place Soldiers come to heal.

"The Soldiers went to Iraq and Afghanistan to defend their country and now they come home to fight and be well," Crymes said.

"Being their commander is the most rewarding time of my career and my life," Crymes added as he thanked event organizers and volunteers for their support," he said. "What a great day to be an American, what a great day to be a Soldier in the United States Army."

Spc. Suzanne Jones, 3rd-142nd Aviation Support Battalion and a resident of Hempstead, N.Y., said the event was motivational.

"It's a great event. The noise from the motorcycles and the sirens from the fire trucks coming into town made us feel important," Jones said.

John Hennessy, founder of www.saluteburlcotroops.com and one of the leaders of the event that included some home cooking by area volunteers and desserts, said this was an important event for everyone to be with the Soldiers.

"I don't think they ever got a thank you. We just can't thank these folks enough for what they have done for us, Hennessy, also a Mount Holly Fire commissioner, said.



photos by Dave Moore



WELCOME -- Soldiers of the Fort Dix Warrior Transition Unit arrive at Mount Holly's American Emergency Squad, flocked by hundreds of Burlington County and Camden County residents to give them a hometown welcome-home ceremony. Leslie Drummond, founder of the Yellow Ribbon Club of Evesham Township, brought in a team of members to post yellow ribbons on the street and deliver one to each of the 60 Soldiers. Many hand-made signs were posted around the area, thanking the Soldiers for their service to country. More than 100 motorcyclists from Warriors Watch, Patriot Guard, and area veterans organizations escorted the 60 Soldiers for the welcome home event. The Soldiers were not told of the event. Instead, they were ordered to report to a 6 p.m. formation, and surprised with the welcome-home ceremony.



No One Sweats Alone

Stay hydrated
Drink water, not alcohol or soda during summer outdoor activities.

Stay covered
Wear light colored, loose fitting clothing and wide-brimmed hats. Apply sunscreen that is at least 30 SPF to all areas of exposed skin.

Stay cool
Seek shelter in the shade or indoors during the hottest parts of the day, usually 10 am - 2 pm.

SAFE Summer

Have fun and look out for each other this summer. Do your part to protect your Band of Brothers and Sisters.

Postal unit ensures delivery

Wayne Cook
Public Affairs Staff

Neither heat nor wind nor sand will keep the 387th Adjutant General (Postal) Headquarters and Headquarters Company, 1st Platoon from Bethany, Mo., from completing their duties while deployed to Iraq during the next 12 months.

The 387th has mobilized for the unit's third deployment to Iraq since 2003. These Soldiers from Missouri will provide administrative oversight for mail services throughout their area of responsibility.

Staff Sgt. Kenneth Riley stated that the 387th AG (Postal) boast a record as the most deployed postal unit in the Army Reserve.

Starting with a deployment to Iraq during Desert Storm, Soldiers from the 387th have also deployed to Haiti, Bosnia, and Kosovo.

When not mobilized, Riley, a civilian postmaster, said the postal unit is fortunate to have many members that have a long history

with the organization.

Staff Sgt. Wallace Miller is going on his fifth deployment as a Soldier assigned to the 387th. "I enjoy the people I deploy with," was his response to being questioned as to why he has been deployed so many times.

Acting first sergeant, Staff Sgt. William Wood, said that, when needed, Miller is always the first to volunteer.

Family history in the unit goes as far back as the 1970s when Staff Sgt. Adam Alley's mother served in the Army Reserve.

Currently, there are several Soldiers who serve with relatives in the company. Spc. Joshua Osmon's father is a staff sergeant in the company and also serves as a civilian employee when not mobilized.

The Soldiers attribute the unique history and lineage to the family atmosphere that is shared throughout the organization.

When the 387th lost vehicle mechanic slots assigned to the company, six of the Soldiers reclassified from mechanic to postal specialists to be able to

stay on. One of those Soldiers was Platoon Leader 2nd Lt. Joseph Flanders, a prior enlisted Soldier.

Because he wanted to deploy with the rest of his platoon, Spc. Randall Barnes had to miss his graduation ceremony at Columbia College, Columbia, Mo., in May.

Another unique aspect of the 387th AG (Postal) is that non-commissioned officers in the platoon were allowed to develop the standard operating procedures (SOPs) for their Mission Readiness Exercise because there wasn't a military occupational skills specific training plan established at Fort Dix.

It just so happened that Capt. Issa Alvarez, Central Command Postal War Planner, who helped develop the SOPs for postal duties in Iraq, is assigned to a unit that is mobilizing through Fort Dix at this time and she was able to lend her assistance to the 387th NCOs.

This distinguished group of soldiers is ready to write the next chapter in the history of Army Reserve postal service.

Community Newcomers' Orientation

Information • Tour • Free Lunch • Free Child Care • and Much More!

Every 3rd Thursday of Each Month
(9:00am - 2:00pm)
At the Army Community Service
(ACS) Building 5201 Maryland Avenue

For More Information Call:
(609) 562-2767

NEIGHBORHOOD

The Corner

Mothers of Preschoolers group meeting starting soon

The Military Mothers of Preschoolers group (pregnancy through kindergarten) will meet the second and fourth Tuesday of every month from 9:15 a.m. to 11:15 a.m. at the Fort Dix Main Chapel starting Sept. 22. The program is provided for ages 6 months and up. Registration is required. Volunteers are also needed for the MOPPETS room. Playgroups are being held every Wednesday throughout the summer. For more information call Jessica Follett at (585) 802-3308 or email jessicafollett@yahoo.com.

National Guard to host Unity Day celebration

The New Jersey National Guard will be hosting the 11th Annual Unity Day celebration Sept. 17 from 11:30 a.m. to 3:30 p.m. at the Joint Training & Training Development Center (JT2DC). A Fun Walk/Run will be held at 8:30 a.m. and a blood drive will be held from 10 a.m. to 3 p.m. Come celebrate ethnic and cultural diversity through music, food sampling, giveaways, a homemade dessert contest, scavenger hunt and line dancing. For information call Capt. Barbara Borwn-Wilson at 562-0856.

Pennsylvania Veterans Affairs Center hosts Welcome Home

The Coatesville Veterans Affairs Medical Center will host the 3rd Annual Welcome Home Celebration to honor veterans returning from the wars in Iraq and Afghanistan. The festivities for veterans and their families will take place on Aug. 29 from 10 a.m. to 2 p.m. at Coatesville VA Medical Center's picnic pavilion and ball field area.

The event will feature live entertainment by local oldies band, Threshold. There will be plenty of activities for children and adults alike — pony rides by Pleasant Valley Ranch, a hot air balloon experience by Aapex Sunrides, a magic show by magician, Kevin Joyce, moon bounce, face-painting, swimming and much more. Additionally, an Iraq War Veteran will address the crowd as part of a special program that will begin at 11 a.m. A traditional picnic lunch — complete with hamburgers and hot dogs — will be served starting around 11:30 a.m. Any veteran or family member wishing to attend the 3rd Annual Welcome Home Celebration is encouraged to register ahead of time by calling (610) 384-7711, extension 5160. Any questions about the event can be answered by calling this number.

Naval Sea Cadets accepting new recruits

The U.S. Naval Sea Cadet Corps has openings for a limited number of young people ages 11-17 to join the crew of Aegis Division. Interviews will be held at Burlington County College in Pemberton on Aug. 22, beginning at 9:30 a.m.

The U.S. Naval Sea Cadet Corps is comprised of everyday young people who have an interest in seamanship, the military or other seagoing careers. Cadet applicants must be drug-free, crime-free, and physically fit.

Aegis Division cadets train at the Naval Reserve Center on Fort Dix one weekend per month beginning on the third Friday at 7 p.m. and ending that Sunday at 4 p.m. Additional community service and color guard activities are held throughout the year.

Adult volunteers are also needed. Adults or students wishing to schedule an appointment for Aug. 22 should call the division's recruiting hotline at (609) 949-9019 ext. 1.

For further information visit www.seacadets.org.

Arts and Crafts hosts Summer Art Camp

There is still time to sign up for the Fort Dix Arts and Crafts Center's Summer Art Camp. Session II begins Aug. 18 and runs through Aug. 21. Children can explore a variety of craft techniques using clay, paper, paint and more.

The program runs Tuesday through Friday from 12:30 p.m. to 2 p.m. for ages 6-10 and from 3 p.m. to 4:30 p.m. for ages 11-16.

A \$50 registration fee includes all materials. Family discounts are available.

Jennifer McCarthy
Public Affairs Staff

Former flower children, grand children of flower children and everyone in between found plenty of fun on Doughboy Field Aug. 8, celebrating the music and spirit of the Summer of Love at the 60s Flashback Family Day.



FLOWER POWER — Sharonice Boone makes a crepe paper flower during the 60s Flashback Day festival Aug. 8 on Doughboy Field. The event featured crafts, games, pony rides and live music. The

About 1,000 people participated in the all-day event that featured free games, crafts, activities and music.

Highway 41, Plainfield Slim & the Groundhogs and the Doughboys provided an authentic 60s sound track for the event.

Plainfield Slim front man, Gar Francis, debuted the band's new song "Rocket". Francis wrote "Rocket" as a tribute to the men and women in uniform who serve this nation. According to Monique Grimme, the band's manager,

the song is currently under consideration to be used for an up-coming Gap commercial.

Francis also appeared with the Doughboys. The Doughboys were one of the most popular bands on the central Jersey music scene back in the 1960s. The band reunited a few years ago and in 2008 released the CD, "Is it Now?"

In the manner of an old Bob Hope troop special, the performance group Veterans Angels dazzled the crowd as they danced and lip-synced to hits from

the 1960s.

In addition to live music and entertainment, the 60s Flashback featured the NASCAR Nextel Cup Chevy Monte Carlo racing simulator. An actual race car driven by Rusty Wallace was refitted with state of the art electronics and hydraulics to simulate the chills and thrills of a high-speed race. Visitors also had a chance to have their face painted, ride a pony, make beaded jewelry, create spin-art pictures and build sand masterpieces with colored sand.



photos by Jennifer McCarthy

Doughboys, Mike Caruso, bass, Myke Scavone, vocals, Richard X Hayman, drums and Gar Francis, guitar, were fixtures on the 1960's garage band circuit. They rocked the stage during the fest.

Former Soldier gets Joint Base thrifty

Lisa Evans
Public Affairs Staff

Paul Stelzer retired from Fort Dix as a staff sergeant in 1973 but never stopped working for the community here. He is 76 years old but could put many a younger man to shame when loading and unloading furniture donated to the Fort Dix Thrift Shop, the McGuire's Attic, or the Dover Air Force Base thrift shop.

Stelzer started volunteering at the Fort Dix Thrift Shop long before he retired — an impressive 43 years ago. He began working with McGuire's Thrift Shop a mere 37 years ago. He only added the other stops in the last seven years because he has enough energy and donations to go around, he said.

"This is a way of living for me," Stelzer explained. "I started up when I was six years old. An elderly person I knew had a candy shop. I used to go there in the afternoons and cut grass or weed the flower bed, whatever she needed done. That's how I got started. She handed me a couple pieces of candy and I was satisfied."

Since he bought his first truck in 1974, all the large trucks he drives are his own. He buys used 16 to 20-foot moving vans, pays all the costs of purchase, insurance and operations, and runs them until they die. He's been buying big trucks to use for his volunteer work because he's the only person doing pick-up and delivery for the thrift shops. The GMC truck he has now he bought in 2003, an old orange rental truck that runs well and sees a lot of use. He even has his name stenciled on the side in small letters.

Peopled donating furniture, appliances or simply bags and boxes of used clothing, toys or household goods frequently don't have a truck or can't always come on Post, so Stelzer goes to them, said Fort Dix Thrift Shop director Sylvia Koch. She added that there wasn't enough time to say all she could about the man.

"Without him the store would not be," Koch said. "He brings in a lot of stuff and goes out and picks up stuff. He picks up heavy items we couldn't get otherwise, washers and dryers and furniture, the things that are very popular items that sell."

A meticulous man who was a supply sergeant at Fort Dix for 10 years, Stelzer keeps records of everything he collects and everything he moves from the thrift shops to churches, homeless shelters, and other charitable organizations. As merchandise that doesn't sell in the thrift shops expires, he bundles it up, and according to need, delivers the bundles as far away as Atlantic City and

into Pennsylvania. In 2006, he delivered approximately 10 tons of clothing and medical supply to a rescue mission in Atlantic City. The next year it was 20 tons. Name a charitable organization that supplies daily living needs and you'll find it on Stelzer's list. From stuffed animals to wheelchairs, Stelzer delivered approximately 25,000 pounds of clothing to more than a dozen organizations in 2008.

Most of those tons he collected from donors himself.

"He's number one," said Friedl Turrell, a volunteer with the Fort Dix Thrift Shop who is 85 years old. "I am here at the Thrift Shop 40 years and all these years I know (sic) Paul. I watch him work and work. He is here to help everybody. He gives you a hand and advice when you need it. I honestly don't know how, without him, the thrift shop would stay open."

Stelzer shrugs the praise off. But a smile did break out when he said he recently discovered one church he supplied with six tons of clothing turned around and shipped them to sister churches in South Africa.

"I didn't know I was helping people — even missionaries in South Africa I

found out," he said when his found out his sister was sending clothing to churches there. "Churches in Atlantic City get cups and dishes and glasses.

They feed an average of 500 people a meal and these things get broken. It's a general overall good feeling to help out (continued on page 6)



Lisa Evans

TIME WELL SPENT — Thrift Shop volunteer Paul Stelzer, has been giving his time to the community for 43 years.



Capt. Antonia Greene, 72nd FA Bde.

Group brings international flair to feast

Fort Dix Army Community Service (ACS) hosted the Joint Base International Spouses' Group picnic at John Mann Park, July 31. The organization gathers monthly and encourages anyone in need of a unique support group to attend its next meeting Aug. 28 at Sea Girl. For more information please contact Marianne Fontillas, International Spouse Group volunteer chairperson, at mariannefontillas@yahoo.com.

Chapel welcomes newest staff member

Lisa Evans
Public Affairs Staff

Sergeant 1st Class Lorenza Henderson has one primary mission: meet the spiritual needs of Soldiers and their families.



Lisa Evans

LATEST EDITION — Sgt. 1st Class Lorenza Henderson is the new noncommissioned officer in charge at the Fort Dix Chapel.

As the non-commissioned officer in charge (NCOIC) at the Fort Dix Main Chapel, Henderson is the role recently vacated by Master Sgt. Anthony Pamplin.

Henderson served with the 99th Regional Support Com-

mand (RSC) for two years prior to his current assignment with the chapel. As an Active Guard Reserve (AGR) Soldier, he brings 27 years of military experience to the job, seven of those as an active duty Marine.

Of this new assignment, he laughed saying, "I do know that short term is to just really learn my job and learn how to actually manage the chapel religious programs. But, I felt a calling to serve Soldiers, to bring Soldiers to God and God to Soldiers. That's our motto," Henderson explained.

Henderson comes to the chapel with sterling recommendations from officers with whom he has worked.

Chap. (Capt.) Kenneth G. Kirk with the 799th RSC said, "Sgt. 1st Class Henderson is in the finest tradition of the United States Chaplain Corps and its service to all Soldiers. He knows how to put the game face on, work hard, and work until the mission is completed. And he loves to minister to soldiers."

Henderson has been a chaplain's assistant for nine years and is studying to ensure he succeeds in this chosen career. He is currently enrolled as a senior at Southwestern College pursuing a degree in pastoral studies.

"I am happy to say that I am

less than a semester away from attaining my bachelor's degree," he said. "Going to school is a challenge when you are a full-time Soldier, husband and father."

With a family of three children, one with special needs, Henderson and his wife already belong to a church, but he said he may move his family to the chapel.

"Ministry of presence is very effective," he stated. "You have to encourage people to attend. We have to be creative. Number one, we have to think outside the box. We [Henderson and his wife] want our children to be in a very effective children's ministry."

Just after Henderson deployed to Iraq in 2004, his daughter Shayla was born with cerebral palsy. Saying he felt grateful about his wife's ability to cope with life's difficulties, he said that she had given birth and managed to keep the family together with love and joy. A dental hygienist at the Mills Dental Clinic on McGuire Air Force Base, Debra Henderson has been a mainstay in Henderson's life.

After he came home from Iraq, he said he would have dreams reliving patrols. On at least one occasion, he sat up in

bed simply staring at the wall. His wife reacted with the same love and care she had shown their three children, gently laying her hand on his shoulder.

Henderson said he asked her, "Did we lose anyone?"

He said her loving response was, "No, everyone came back safe," so he was able to lie back and sleep peacefully.

In his role as a chaplain's assistant, Henderson said he worked closely with Soldiers and Marines going through traumatizing events; some injured or killed, some with financial or marital problems, others homesick and scared. Chaplains and assistants work with all the problems military personnel encounter while in combat.

"It might sound weird, but that was the best year that I ever served in the military in 27 years. When people are faced with their own mortality and the possibility that they may not see tomorrow, it is amazing how their perceptions change," he explained. "Their only connection with God is the chaplains. The chaplains help them get through those tough times."

"I was glad to be a part of that ministry, supporting Soldiers and encouraging them in difficult times," he said.

With some hesitance, he

admitted that the best year of his military experience was also a paradox.

He and the chaplains served Soldiers coming to them for hope and encouragement while facing some of the same problems themselves.

"We're the people they look up to when they're going through a crisis. It's funny, because often we don't have anybody to turn to. We almost get lost in the shuffle," he said softly. "We're people too and we experience the same thing that they do. We turn to each other for encouragement, for renewal, and we drive on."

Having seen the death of comrades, Henderson said that he understood how Soldiers came back unable to sleep, depressed, some with post-traumatic stress disorder. He fought the same feelings before seeking help from a close friend.

"There is no reason to be ashamed of the feelings," he said. "They are natural. Every Soldier feels a high about coming home and then drops into a low. This is a natural progression for coping with the separation of family, the stress of combat, and the renewal of family."

Henderson is eager to put his knowledge and experience to work for the Fort Dix Chapel community.

TRADOC says educated Soldiers triumph in wars

Sgt. Maj. Pleasant Lindsey III
TRADOC News Service

Command Sgt. Maj. David Bruner, the TRADOC command sergeant major, spoke at the DoD Worldwide Education Symposium in Atlanta, Ga. Bruner talked about the changes in the way the Army educates its non-commissioned officers and that an educated Army wins wars.

"The side that has the smartest Soldiers...is the side that wins war."

Command Sgt. Maj. David

M. Bruner of the U.S. Army Training and Doctrine Command (TRADOC) issued those remarks during the DoD Worldwide Education Symposium 2009 recently at the Marriott Marquis Hotel in Atlanta, Ga.

The symposium brought together senior military leaders, military educators and college, university, and financial aid representatives to highlight military education opportunities.

George Sweet, DoD Relations, University of Maryland University College (UMUC), said the symposium gave senior

military leaders the chance to see a cross section of education opportunities for servicemen and women.

"You feel a positive impact of helping servicemembers when you see them graduate," Sweet said.

TRADOC charts the training course for all Soldiers in the Army.

Bruner explained to the symposium's attendees how Soldiers who enter today's Army learn about the College of the American Soldier where they can enroll with partner colleges to earn an associates or bachelors degree while on active duty.

The Army Career Tracker, Bruner said, will allow leaders to monitor their Soldiers' education progression from anywhere in the world. ACT will help Soldiers monitor education, professional and training progression

on one easily accessible site, he said, whether at home, in garrison or deployed.

Soldiers' education opportunities are not limited to the civilian sector. Through TRADOC, the Army provides military education and training opportunities for Soldiers throughout their careers.

TRADOC's training units create learning opportunities to expand the NCO Corps' intellectual capabilities. One example is the emphasis on writing and communications skills at Fort Rucker's Advanced NCO Course and Basic NCO Course.

NCO's launch NCO Net and Aviation Net sites to respond to articles. Fort Rucker will also offer a writing award to solicit articles for professional publications. TRADOC is revamping military education and improving leadership roles for NCO's.

Again, this is just one example of the training opportunities in the field. There are good news stories at other sites, too, Bruner said.

BNCOC transitioned into the Advanced Leaders Course, or ALC, and ANCOE transitioned to the Senior Leaders Course, or SLC, to help develop broadly skilled, adaptive leaders.

ALC and SLC include competencies NCO's will need to mentor and lead Soldiers in squads, platoons and companies, Bruner said. These include financial management, supervising maintenance and training, conducting military briefings and learning the Army Writing Style.

The next step is to transition common NCO corps courses to Web-based learning, a technique established this year with the U.S. Army Sergeants Major Academy class 60.

TRADOC is expanding leadership opportunities as well, Bruner said. Command Sgt. Maj. Teresa King will take over as commanding officer of the U.S. Army Drill Sergeant School. She is the first female to hold this position.

"There needs to be opportunities for everyone," Bruner said. "She will ensure drill sergeants embody the Army's standards and instill those standards in new recruits."

TRADOC is instituting the Advanced Individual Training Platoon Sergeant Competition to ensure AIT platoon sergeants are recognized for the training, guidance and mentorship they give new recruits. The competition will include scripted situations the platoon sergeants will have to think through and demonstrate their proficiency to make correct, proper decisions affecting their Soldiers.



Sgt. Maj. Pleasant Lindsey III

KNOWLEDGE IS POWER — Command Sgt. Maj. David Bruner, the TRADOC command sergeant major, spoke at the DoD Worldwide Education Symposium in Atlanta, Ga. Bruner talked about the changes in the way the Army educates its noncommissioned officers and that an educated Army wins wars.

Former Soldier

(continued from 5)

It isn't only organizations Stelzer provides for. He hears about individuals with needs and works to supply what he can for them as well.

One local woman suffering cancer restores dolls, cleaning dressing and prettifying them up before donating them to her church which distributes them to needy children.

Whether it is cell phones or

Bibles, books on tape, towels to veterinarians, crutches to hospitals by the thousands, whatever the need, Stelzer finds dozens of donors and makes the connection.

"He's a man who has put in hours and hours and miles and miles," said Jeanne Baker, a volunteer at the Thrift Shop for the past three years. "Often for little thanks and usually little money which is evidence to me of a heart of pure gold."

Jennifer M. McCarthy
Public Affairs Staff

While much has been said about the new educational benefits offered to veterans, active duty servicemembers, family members, retirees and civilians also have many other educational opportunities available to them, and the staff at the Fort Dix Education Center is there to help individuals fulfill academic goals. The Center offers academic counseling, educational resources and testing, as well as other services that help adult learners begin, or continue along, academic paths.

"Although the thought of going back to school is overwhelming, the resources are definitely there for Soldiers to take advantage of. The (Fort Dix Edu-

cation Center) staff is more than willing to help with paperwork and answer questions - the first step, the hardest step, is walking through the door," said Sgt. Nicole Dykstra, 72nd Field Artillery Bde.

The center is staffed with counselors that can help potential students navigate through the many on-line and in-person educational programs offered to Soldiers. It also provides testing services for Soldiers wishing to take advantage of the College-Level Examination Program (CLEP). CLEP gives individuals the opportunity to receive college credit for what they already know by earning a qualifying score on any of 34 exams. Testing is available for anyone but civilians must pay for the service.

Learning does not have to

stop just because of a deployment; there are many on-line schools available to Soldiers. Education counselor Ivette Zapata-Small warns everyone to be careful what school they choose, however. She said there have been problems with institutions taking money and Soldiers doing the work but the degree granted from the institution is meaningless because the school was not accredited. One of the ways that service members can prevent wasting time and money on a meaningless degree is to visit the Education Center beforehand. The Center keeps a list of accredited institutions of higher education.

"I always tell them (Soldiers) before they decide on what to take, to really think about a career path. I tell them to think about what they want to do when

they are no longer wearing that uniform," said Zapata-Small.

The Education Center also offers assistance to non-uniformed military members. Military spouses may also be entitled to education benefits. The Department of Defense currently provides \$6,000 in financial assistance to military spouses to help pay for licenses, certifications and education in high growth, high demand portable fields through the MyCAA program.

Anyone wishing to learn more about educational opportunities can visit the Education Center, located in Building 5403, between 9 a.m. and 4 p.m. Monday through Friday. Appointments are not necessary for counseling but are required for testing. Call 562-5001 for more information.



Lisa Evans

Family flag refolded in ceremony

Chief Warrant Officer 3 Michael Ginquitti and Master Sgt. Kevin Thompson refold a flag in a short ceremony held on Sharp Field Aug. 7. Charles Cox, a computer technician with the Directorate of Information Management, (DOIM) requested the flag presented at his father's funeral on July 12 be refolded to fit into a case for display in his home.

Borum leaves Dix after 28 years

DPW mainstay moves over to McGuire AFB

Steve Snyder
Public Affairs Staff

"Vera was the first person to greet me when I joined the DPW (Directorate of Public Works) Engineer Plans and Programs branch back in January 1985," recalls John Warrick, really specialist with the directorate and co-worker of Vera Borum.

"Within a few minutes her renowned laugh filled the room and no matter how dire any situation seemed, her laugh always brightened the day. It has been that way over the years and after next week we will do without that giggle - but for only about five weeks until our Real Property offices join under the Joint Base and we become one big team," continues Warrick.

"Vera has worked in several offices on Fort Dix over the years and is a very dedicated and competent worker who was then, and will be for a short time, only a phone call or e-mail away," concludes Warrick.

Borum becomes one of the first Dixans to move across the street and work on McGuire AFB Sunday as part of the new Joint Base configuration set up among Fort Dix, McGuire AFB and the Naval Air Engineering Station (NAES) at Lakehurst. She'll be working at the Civil Engineering and Realty Office under one of her old bosses at Fort Dix. Gary Bashan. And, like Warrick suggested, she'll be in contact with many other old comrades from Dix before too many sunsets go down.

It's been a long but interesting haul for Vera, working close to home at a military installation whose shadow has covered the area since World War I.

Born in Browns Mills in 1961, Vera Kilgore graduated from Pemberton Township High School in 1980 and after working for a spell at a local hospital began labors as a clerk typist for DPW on March 4, 1981.

Vera moved up the career ladder steadily, starting as a GS-2 clerk typist while working for



Steve Snyder

STILL THE ONE -- DPW's Vera Borum at her desk last week, still feisty after all these years.

Gerry White from 1981 to 1985. Borum moved to a GS-4 position in 1988 while working for Bill Ragozic, and became a GS-5 secretary while working for Joe Boersler from 1990 to 1993. She was again promoted, this time to GS-7, in her job in Temp Promotion Quality in Ron Mayhue's office and went on to fill a secretary position for Mike Burns, Pete Tranchik and David Peckham from 1997-2004. She then acted as an administration support assistant for the Directorate of Resource Management under Richard Fliss for a year prior to returning to Peckham's office in 2005, and is currently a really specialist working for Jean Johnson and Gary Bashan.

"Everyone here has been like a family," Vera confides. "I will miss that."

"Vera was the first person I met when going on an interview with a DPW master planner back in 1984," recalls Jean Johnson. "She had a smile and laugh that put you at ease quickly. I've known her as a friend, worked with her in many capacities,

found her to be very bright, dedicated, always eager to learn, and if you want a laugh, just sit by her side for 10 seconds.

"I wish her happiness and contentment in her new venture because she deserves the best," Johnson says.

Sandra Horner from the Directorate of Contracting (DOC) is another of Vera's friends who go back a long way at Fort Dix.

"Vera and I go way back to clerk-typist days in the '80s (but if you tell anybody that, I'll have to extinguish you!)," Horner confides. "Vera and I always greet each other with 'Hey, buddy.' We've been friends and co-workers since the '80s and she's a great person and friend. She's always trying to better herself and find ways to improve the office where she works. Vera was always the friendly voice on the other end of the phone at DPW. She has a great, infectious laugh.

"I'm not going to say goodbye but only good luck to Vera," Horner vows.

May Wig, who works in the



courtesy photo

LEARNING THE ROPES -- Vera was a clerk-typist (GS-3) for Fort Dix's Directorate of Public Works when this picture was snapped in March 1987.

business management division of DPW, is another long time friend.

"Vera and I go back a very long time," Wig says. "When Vera started working at DPW her duties were as a clerk typist but she also took on the role of office manager and kept everyone in line. She has worked hard and taken opportunities for training to better her career. Vera has never been afraid of work or (hesitated) to take on additional tasks.

"Over the years, Vera has 'enlightened' a lot of folks as well as become someone who could be depended upon to get the facts straight and mission accomplished. Her sense of humor and special laugh has brought joy and amazement not only to co-workers but to so many others. Vera is definitely someone with whom it has been a pleasure to work. Although she's leaving Fort Dix, our friendship will continue. I wish her the very best," Wig says.

Steve Whitmore, operations director for DPW, also had high praise for Vera for "never leaving a job undone" and for being "an excellent secretary."

May borum live long and prosper.



courtesy photo

COUNTRY GIRL -- Vera Kilgore graduates from Pemberton Township High School in 1980.



courtesy photo

SOCIAL BUTTERFLY -- Director of Public Works David Peckham, front left, guffaws along with Vera and the rest of the crew at DPW's Christmas party in 2007. Vera made many friends during her tenure on Fort Dix and while going across the street to work is an opportunity it's also a bit sad. Time flies but memories linger.



courtesy photo



Steve Snyder

MAKING THE ROUNDS -- Borum, left, visits Fort Dix's makeshift Vietnam Village used during and after that war to simulate POW and other camps. She goes over inventory, at right, on Wednesday with co-worker John Warrick at Bldg. 5326, where laundry operations used to serve basic trainees and others.

Honors and Awards



Ryan Morton

First Sgt. Juan Serrato, 416th Civil Affairs Battalion, Alpha Company first sergeant and Lt. Col. Chuck Mangua, 426th Civil Affairs Battalion commander display the congratulatory plaque given to their respective units' upon their return from Afghanistan, Aug. 10. The 416 CA Bn., Alpha Co., is from San Diego, Calif. and was attached to the 426th CA Bn., from Upton, Calif., for the mission.



Wayne Cook

Maj. Anthony Snider, commander, and 1st Sgt. Jo Thomsen, 403rd Civil Affairs Battalion, Detachment 2, from Utica, N.Y., show off their unit's Yellow Banner and Welcome Home plaque during a ceremony at Bravo Company July 5. Although the unit is from New York, all of the Soldiers were from Arizona.



Wayne Cook

Lt. Col. Anthony Ulrich, commander, and 1st Sgt. Bradley Folczyk, 401st Civil Affairs Battalion, Bravo Company, from Webster, N.Y., display the unit's Yellow Banner and Welcome Home plaque during a ceremony at Bravo Company July 5. Most of the Soldiers from the 401st actually come from Phoenix, Ariz.



Lisa Evans



Jennifer McCarthy



Jennifer McCarthy

Col. Gary Carlson holds the Yellow Banner returned to the 320th Military Police Battalion Aug. 8 as Sgt. Maj. Byron Reed looks on, above and left. The battalion based in Ashley, Pa., but with troops from 13 states, Guam and American Samoa, returned to the United States from Iraq Aug. 7. Capt. Kevin Manion and 1st Sgt. Joseph Martel, 206th MPs, left, watch their unit's Yellow Banner ascend over Infantry Park Aug. 8. Lt. Col. Phil Russo and 1st Sgt. Oskar Ramirez, 10th Psychological Operations Battalion, above, prepare to hoist the unit's Yellow Banner above Infantry Park Aug. 8. The unit is preparing to deploy in support of Operation Enduring Freedom.



Ed Mingin

Graduation a gas for Soldiers

Chemical, Biological, Radiological, Nuclear, and Explosive Defense Course Class 10-09 graduated August 11. From left, Pfc. Kyle Brucoliere, 420th Engineers, Indiana, Pa.; Capt. Ellen Elliot-Bissey, 1st Lt. Jennifer Gaines, both of the 256th Combat Support hospital, Columbus, Ohio; Sgt. Jerry King, 742nd MI Batt., Fort Meade, Md.

Read The Post!

**FORT DIX
WANTS YOU**

**TO BE A
VOLUNTEER**

Call Army
Community Service
at 562-2767
to find out more



Three battalions reunite with recreation



Sgt. Eli Blagg

TEAM BUILDING- Soldiers from the 1st Bn, 309th Training Support Regiment serve the ball to members of 2nd Bn. during the volleyball challenge of the 309th regimental reunion at John Mann Park, Aug. 6. Battalion leaders reunite for the event and they are from left: Lt. Col. Peter Mucciarone, 1st Bn.-309th Training Support Regiment commander, Sgt. Maj. Maurice Mimms, 1st-309th sergeant major; Lt. Col. Trevor Austin 2nd-309th Bn. commander, Sgt. Maj. Ronald Klug 2nd-309th Bn.; and Lt. Col. Seth M. Hoffer, 3rd-309th Bn. commander, and Command Sgt. Maj. Joseph Ruggiero.



Master Sgt. Daphne Angell

Read the Post Online
at
www.dix.army.mil

Sgt 1st Class James Aviles & Staff Sgt. Lorri Darbes
2nd-209th Bn.

The 1st, 2nd and 3rd battalions of the 309th Regiment mustered for the first time in nine years, Aug. 6, in honor of the regiment once again reunited at Fort Dix.

Training America's sons and daughters in support of ongoing contingency operations takes all three battalions banding together. The 3rd battalion, subordinate to the 174th Infantry Brigade from Fort Drum N.Y., was recently tasked to support its sister battalions, assigned to the 72nd Field Artillery Brigade at Fort Dix. With around-the-clock mobilization operations, Fort Dix remains the busiest First Army mobilization platform in the country.

Taking a break from the demands of the ongoing training support mission, the reunion offered Soldiers food, games,

and camaraderie. The day's events kicked off 6:30 a.m. with a three-mile regimental fun run in the rain around the post.

The afternoon began with a full-out barbeque at John Mann Park, followed by competitive events such as a home run derby, horseshoes match, and volleyball tournament. For many Soldiers, the highlight of the afternoon was the leaders' dunk tank. Members of the regiment purchased chances, the donations benefiting the units' Family Readiness Group, and tried to dunk their leaders' one ball at a time. When all was said and done, 1st Bn. was awarded the winning trophy for scoring the highest points in all competitive events. The reunion rekindled old friendships and established new ones.

Col. Chipper Lewis, 174th Infantry Brigade commander, and Sgt. Maj. Milagros Vega, 72nd Field Artillery Brigade Operations sergeant major, served as the honorary division

commander and command sergeant major for the event. Master Sgt. Martin Wolfe, 2nd Bn. operations sergeant, provided date appropriate uniforms and weapons from each era the regiment participated.

"It enables the Soldiers to develop a connection to the Soldiers from World War I and World War II; since 9/11, we are still writing the chapters that are building our legacy, and everything we do, everyday, contributes to that chapter," said Klug.

The 309th Regiment was constituted on August 5, 1917 and assigned to the 78th Infantry Division.

The regiment received two campaign participation credits during World War I from St. Mihiel, Meuse-Argonne, Lorraine 1918 and World War II, Rhineland; Ardennes-Alsace; Central Europe. The 1st Battalion is entitled to the Presidential Unit Citation for Schwamm-naul Dam.

AAFES reports shoplifting down in '08

DALLAS - High-tech Electronic Article Surveillance systems, eagle-eyed Closed Circuit Television cameras and an aggressive youth shoplifting awareness campaign helped take "a bite out of crime" at Army & Air Force Exchange Service facilities last year as shoplifting cases dropped 15.7 percent, from 7,635 in 2007 to 6,437.

The value of merchandise involved in these incidents also dropped, from \$985,244 to \$686,000

in 2008.

"We've been working hard to identify theft-deterrent opportunities beyond just technological solutions," said AAFES' Vice President of Loss Prevention Gerald Danish. "Part of this effort has been youth shoplifting awareness briefings with dependents 14 years of age or below at exchanges around the world."

--AAFES News

Announcements

Chapel Services

Fort Dix
562-2020

Sunday Services

Main Chapel

Traditional Protestant
9 a.m. to 10 a.m.

Catholic
10:15 a.m. to 11:15 a.m.

Gospel
11:30 a.m. to 1 p.m.

Sunday School
10 a.m. to 11:15 a.m.

Jewish Prayer Room
Room 27
7:30 a.m. to 4:30 p.m.

Chapel 5
Bldg. 5950 Church St.
If Chapel is closed
call 562-3311
to schedule a time for prayer

Protestant, Catholic,
Latter Day Saints
Sunday
7:30 a.m. to 8:30 a.m.

Islamic Prayer Room
Monday through Friday
7:30 a.m. to 4:30 p.m.

COL - Chaplain's tent
7:30 a.m. to 8:30 a.m.

Religious Activities

Adult Bible Studies
Noon Wednesdays

Protestant Men of the Chapel
Prayer Breakfast
Fourth Saturday of each month
9 a.m. to 11 a.m.

Protestant Women
of the Chapel
Meets every Tuesday
9:30 a.m. to 11:30 a.m.
at the Fort Dix Main Chapel
and the fourth Tuesday at
Buttonwood Hospital.

McGuire Chapel
754-4673

Chapel 1
Daily Catholic Mass
Monday through Thursday
11:35 a.m.

Catholic Reconciliation
Saturdays 4 p.m.

Catholic Mass
Sundays 5 p.m.
Sundays 9 a.m.

Protestant Gospel Service
Sundays 11:15 a.m.

Chapel 2
Protestant Contemporary
Service
Sundays 9:45 a.m.

Protestant Women
of the Church
Thursdays 9 a.m.
(Wee Church Provided)

Catholic Women of the
Church
Fridays 9 a.m.

Joint Base Protestant
Chapel Night
AWANA Clubs
Wednesdays 6 p.m.

FMWR presents

CLUB DIX
723-3272

Club Dix Hours of Operation

Java Café

Monday through Friday
7 a.m. to 1:30 p.m.

Smokehouse Restaurant

Lunch Served
Tuesday through Friday
11 a.m. to 1:30 p.m.

Saturday through Monday
Closed

Blue Room

Wednesday
5 p.m. to 10 p.m.

Thursday through Saturday
6 p.m. to 10 p.m.

Sunday through Tuesday
Closed

Computer Lab

Monday and Tuesday
7 a.m. to 1:30 p.m.

Wednesday through Friday
7 a.m. to 10 p.m.

Saturday
Noon to 10 p.m.

Sunday
10 a.m. to 6 p.m.

Equipment
Resource Center

Hours of operation
Monday through Thursday
10 a.m. to 5 p.m.

Friday, 10 a.m. to 7 p.m.

Saturday, 9 a.m. to 4 p.m.

Call 562-4767 for details

John Mann
Recreation Park

Hours of operation
Wednesday through Thursday
1 p.m. to 7 p.m.

Friday through Sunday
1 p.m. to 8 p.m.

Paintball at Range 14

Hours of operation
Saturday through Sunday
9 a.m. to noon
and
1 p.m. to 4 p.m.

Call 562-4767 for details

Events

Hot August Nights

Wine and Jazz Festival
Friday, Aug. 14
5:30 p.m. Club Dix

Tickets \$29
For ID holders \$24

Must be 21 years old to attend
the wine tasting.

Jazz artists Jeff Golub, Eugene Groove, Jeff Lorber and Jessi J

Volunteers Needed
Joint Base Dining Out

Contact Master Sgt. Martha Meador, NCOIC, Protocol,
McGuire Air Force Base

Call: 754-2405 or
Fax: 754-2518

Help make this
the best
Dining Out in
McGuire-Dix
history

ACS
562-2767
Bldg. 5201 Maryland Ave.

Calendar of Events

Monday, Aug. 17

Grief Recovery Workshop,
part 2
5:30 p.m. to 7 p.m.
ACS

Tuesday, Aug. 18

Healthy Eating
11 a.m. to noon
SFAC

Wednesday, Aug. 19

Plastic Surgery:
Repairing Your Credit and
Starting Fresh
10 a.m. to 11 a.m.
SFAC

Thursday, Aug. 20

Newcomers Orientation
9 a.m. to 3 p.m.
ACS

Friday, Aug. 22

2/312th TSBN, 72nd FA Bde.
Family Day
9 a.m. to noon

Griffith Field House

562-4888
Bldg. 6053

Combat Fitness Challenge

Military Only
Monday and Wednesday
6:30 a.m. to 7:30 a.m.

Monday

Mind & Body Yoga
Noon to 1 p.m.

Total Toning
5:15 p.m. to 6:15 p.m.

Cut Buster!
6:15 p.m. to 7:15 p.m.

Tuesday

Retirees in Motion
9 a.m. to 9:30 a.m.

Cardio Dance
Noon to 1 p.m.

Pilates Fusion
5:15 p.m. to 6:15 p.m.

Spin It!
6:15 p.m. to 7:15 p.m.

Wednesday

Cardio Kickboxing
Noon to 1 p.m.

Mind & Body Yoga
5:15 p.m. to 6:15 p.m.

Circuit Training
6:15 p.m. to 7:15 p.m.

Thursday

Hi-Lo Step and Sculpt
Noon to 1 p.m.

Zumba
5:15 p.m. to 6:15 p.m.

Friday

Spin-It!
Noon to 1 p.m.

Arts & Crafts Center

562-5691
Bldg. 6039
Philadelphia Street

Registration hours:

Tuesday, 9 a.m. to 4:45 p.m.

Wednesday and Thursday,
Noon to 5 p.m. and
6 p.m. to 8:45 p.m.

Friday, 11 a.m. to 4:45 p.m.

Saturday, 9 a.m. to 4:45 p.m.

Summer Art Camp

Tuesday through Friday
Aug. 18 through Aug. 21

12:30 p.m. to 2 p.m.

ages 6 years to 10 years

3 p.m. to 4:30 p.m.

ages 1 year to 16 years

Pre-registration is required.
\$50 registration fee includes all
materials.

Explore a variety of crafts tech-
niques using clay, paper, paint
and more. Family discounts
available.

Krafty Birthdays

Parties include up to two hours
of party room use, one craft pro-
ject with instruction and all mat-
erials, with many exciting pro-
jects to choose from. When mak-
ing party reservations, please
make sure to stop by in order to
select the craft and make pay-
ment.

Sony Picture Station

Do it yourself instant, high
quality prints are easy to create
and affordable too. Sizes are
available from wallets to 8" x
10". Personalize your prints
with wording, borders, picture
collages, scrapbook pages,
cards, calendars, and more. Just
slip in the card from your digital
camera, or a photo CD, and
you're ready to print. Scan some
old photos and burn them onto a
CD, or just copy onto a CD
from your memory card. This
machine does it all.

Create-A-Critter

Adorable Critters to stuff. It's
easy and fun. Chose from an
assortment of Critters: Bears,
Puppies, Unicorns, Frogs,
Tigers and a whole lot more.
You can even add an outfit.
Create designs for T-shirts and
canvas backpacks. Stop in
today and have tons of fun stuff-
ing a plush animal or take one
home to stuff or give as a gift.
Crittter Birthday Parties also
available.

Read
The Post!

Youth Center

562-5061
Bldg. 1279 Locust St.

Hours of Operation

Monday through Friday
2 p.m. to 7 p.m.

Saturday
1 p.m. to 7 p.m.

Closed Sunday

Administrative Hours
Tuesday through Friday
Noon to 6 p.m.

Schedule

Monday, Aug. 17

Movie Monday
4 p.m. to 6 p.m.

Permission slip for bowling due

Tuesday, Aug. 18

Bowling
two games and shoe rental
2:45 p.m. to 4:15 p.m.
Free for campers
\$5 for Open Rec.

Permission slip for swimming due

Wednesday, Aug. 19

Swimming
12:45 p.m. to 4:15 p.m.
(\$1 fee for Open Rec.)

Thursday, Aug. 20

Field Trip to the FunPlex
(\$5 fee for Open Rec.)

Self-directed Activities
1 p.m. to 7 p.m.

Permission slip for swimming due

Friday, Aug. 21

Swimming
12:45 p.m. to 4:15 p.m.
(\$1 fee for Open Rec.)

Saturday, Aug. 22

Cooking Project-
Peanut Butter Brownies
5 p.m. to 7 p.m.

Co-ed Table Tennis
and Racquetball

Youth Sports is looking for
youth aged 7 to 15 to participate
in a co-ed Table Tennis and
Racquetball program.
Registration ends Aug. 28.
Cost is \$20.

For more
information
call
CYS Youth Sports
at 562-5519 or
562-2819.

To register stop by or call the
CYS central office at Building
5203 Maryland Avenue, or call
562-4702 or 562-5231.

United Communities

Self Help Office
Monday through Friday
7 a.m. to 4 p.m.

Closed Saturday and Sunday
724-0550

For information on events, con-
tact Amber Stadler at 723-4290.

Donations needed

A former resident has requested
donations of clothing and toys to
orphanages in Africa where
Americans are deployed. Infant
through teenager clothing is
needed. Please drop it by the
Leasing Office. All donations
will be sent from the office. For
more details, contact 723-4290.
Thank you for your support.

Resident referral program

Call the Leasing Office at 723-
4290 for more details.

Yard of the Month

Judging for the August Yard of
the Month runs from Wednes-
day, Aug. 12 to Wednesday,
Aug. 19. We will be out to
award and take pictures on
Thursday, Aug. 27.

Pool Happenings

Tuesday, Aug. 18

Rock n' Raft Night at the Pool
(Ages 12-18)
5 p.m. to 10:30 p.m.
Showing: "The Rocker"

Thursday, Aug. 20

Family Night at the Pool
5 p.m. to 10:30 p.m.
Serving: Pizza

Lawn mowing and
landscaping schedule

Monday

Fort Dix: Mahlenbrock, Aneiros
Lane, Froehlich, Karolazs Court,
Dixon Way
McGuire: Section: 4200

Tuesday

Fort Dix: Fir, Gum, Kalmia
Court, Locust (North side), 1400
on Juniper and Hemlock
McGuire: Sections: 3800 and
3900

Wednesday

Fort Dix: Redwood, Pointville,
Locust (South side), Scott Plaza,
1100 on Juniper and Hemlock
McGuire: Starlifter, 2700 and
2800

Thursday

Fort Dix: 1500, 1600 on Ash,
Birch, Cedar, and Dogwood,
Grove Park and Holly Crest

Friday

Fort Dix: Finish Grove Park and
Holly Crest, Farm Houses, Sec-
tion: 1200 Business Center,
Maintenance Center

Should you choose to mow your
own lawn, please call 723-4290
to be placed on the no cut list.

SPORTS

Golf tourney raises money for charity

Ryan Morton
Public Affairs Staff

More than 100 golfers came out to play in the Fourth Annual New Jersey State Elks Association's Army of Hope Committee Golf Tournament at the Fort Dix Fountain Green Golf Course to play 18-holes for a worthy cause, Aug. 7.

The Army of Hope works to raise money to assist the families of Fallen Heroes and Wounded Warriors from New Jersey through events such as picnics, golf outings, local fundraisers, and corporate and private donations.

The event was a resounding success as more than \$10,000 was raised and the golfers appeared to have a lot of fun.

"It was phenomenal. You couldn't ask for a better day to play a round of golf," said New Jersey State Elks Association and Army of Hope Committee State Chairman, Bruce Totten.

The New Jersey State Elks Association's Army of Hope Committee has been existence for four years and has raised more than \$675,000 to help assist the families of the Fallen Heroes and Wounded Warriors from New Jersey.

Next year's golf tourney date is set for Aug. 6, 2010.



PUTTING IT HOME -- Teammates John Wright, from Rahway, putts while Mike Grote, from Union, watches during the Army of Hope Golf Tournament at Fort Dix's Fountain Green Golf Course, Aug. 7. Each of the teams in the tourney were comprised of four people.



photos by Ryan Morton

DRIVING UP -- Steve Jenet, from Warrington, Pa., and Dan Adams, from Philadelphia, pull up to their next hole during the Army of Hope Golf Tournament. After the affair concluded, the teams' scores were tallied up and the winning team, comprised of David Mayer, from Bergenfield, Andy Mastino, from Bergenfield, Don Cichewicz, from Midland Park, and Brian Hartman, from Bergenfield, came out on top with a score of 62. Other winners were Chris DeRitter, from Lake Hiawatha, and Stephanie Burt, from Bloomfield, for the male and female longest drives and Daniel Melahn, from East Windsor, for hitting his ball closest to the pin.

Military long drive championships coming to Dix



Tim Hipps

DRIVING FOR GLORY -- U.S. Coast Guard Petty Officer 3rd Class Ryan Hixson wins the 2008 Military Long Drive Championship presented by 7UP with a drive of 389 yards in Mesquite, Nev. With the victory in the Army Family and Morale, Welfare and Recreation Command event, Hixson won \$10,000 and an exemption into the 2009 RE/MAX World Long Drive Championship. Twenty competitors are competing for the 2009 Military World Long Drive Championship presented by 7UP on Oct. 28, in Mesquite.

Tim Hipps
FMWR Public Affairs

ALEXANDRIA, Va. -- Local qualifying competitions in the 2009 Military Long Drive Championship presented by 7UP have begun and will come to Fort Dix Aug. 22. The first tee time was Aug. 6 at Naval Air Station North Island, Calif., followed by Aug. 8 qualifiers at Fort Jackson, S.C., and Heidelberg, Germany. Golfers at Fort Belvoir, Va., and Schofield Barracks, Hawaii, will join the swing of things, Aug. 9.

The next round of qualifiers is scheduled for Aug. 15 at Fort McPherson, Ga.; Fort Carson, Colo.; Fort Leonard Wood, Mo.; and Camp Zama, Japan.

Local champions will win an all-expenses-paid trip to Mesquite, Nev., where they will be among 20 finalists vying for the Military Long Drive Championship and \$10,000 on Oct. 28. Local runners-up will receive a \$200 gift certificate from their pro shop. Third-place finishers will receive a \$100 certificate. The entry fee is \$10 for six golf balls.

In the inaugural year of the Military Long Drive Championship in 2007, five military golfers competed in the finals at Mesquite. In 2008, the competition was opened to military fam-

ily members and six competitors advanced to the finals. This year, the size of the original finals field has been quadrupled for a trip to the desert oasis golf resort town. From the moment competitors land in nearby Las Vegas, they will receive the green-carpet treatment of a lifetime while vying for military long drive bragging rights.

Former Army sergeant and military spouse Brandon Boehmer, who finished second in the 2008 Military Long Drive Championship, can't wait to earn another trip to Mesquite.

"It gives you an opportunity to go out there and win some money, get some sponsors, and meet good people, too," Boehmer said. "I said the first day, 'I don't even need to win this event. You get here and [the sponsors] give you \$600 worth of stuff the second you walk in.' It was awesome."

Two-time Military Long Drive champion Coast Guard Petty Officer 3rd Class Ryan Hixson seems to have the event wired from start to finish.

"It's a little nerve-racking your first time here," he said. "Once you've been through it and know the process, it's a good time."

"It's a great time to go out there and interact with the sponsors," Hixson said of playing in pro-am tournaments as a prelude

to the big event. "That's what it's all about. Without the sponsors, we wouldn't be here. I feel kind of obligated to do that, just out of respect for them. We appreciate what they're doing for us and it's just a little bit of giving back to interact and put a personality with us so they can get to know us a little bit."

The Army Family and Morale, Welfare and Recreation Command-backed Military Long Drive Championship is open to all active duty military and Family members 18 and older, including National Guard, Reserves and retirees from all services.

Rules and regulations are available at www.armymwr-golf.com or www.longdrivers.com.

The schedule of remaining qualifiers:

Fort McPherson, Ga., Aug. 15
Fort Carson, Colo., Aug. 15
Fort Leonard Wood, Mo., Aug. 15
Camp Zama, Japan, Aug. 15
Fort Bliss, Texas, Aug. 21
Fort Hood, Texas, Aug. 22
Fort Campbell, Ky., Aug. 22
Fort Dix, N.J., Aug. 22
Yongsan, Korea, Aug. 22
Fort Benning, Ga., Aug. 24
Fort Sill, Okla., Aug. 24
Fort Lewis, Wash., Aug. 28
Fort Huachuca, Ariz., Sept. 4
Fort Lee, Va., Sept. 12
Fort Bragg, N.C., Sept. 19